

Apple Account recovery checklist

You don't need to fill in every section. Start with what you've done today.
The account holder decides what to include and who keeps it.

Whose account: _____ Filled in with: _____ Date: _____

Start here: account and trusted numbers

Account email or sign-in number · Trusted phone numbers (name each person)

☐ Second trusted number verified and listed

When ready: Recovery Contacts and devices

Contact names and numbers · Signed-in trusted devices, such as iPhone, iPad, Mac, Apple Watch

☐ Recovery Contact confirmed as added (invitation accepted, if required)

Where we stored this record

Keep a copy outside this Apple Account · Who may use it and knows where it is

☐ Stored privately · Re-check after a new phone, number, or contact

Optional: passcodes they want to share

Device passcode (unlocks the phone), Assistive Access or Screen Time codes; leave blank if preferred.

If Recovery Key is already on, record where its printed copy is kept outside this account.

Optional: Legacy Contact, for after death

Name · Access key location: printed copy or the contact's Apple Account settings > Legacy Contact

☐ Access key received and location confirmed, if setting this up

Still to do

What we want to do next · Who will help · When

Fill this out with the account holder's agreement. Include only what they want to share.

veritellcare.com/resources/apple-account-recovery/